



NOVEMBER | 2017

MCCOMB LOCAL SCHOOLS

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|--|
| | | 1 Breakfast Burrito French Toast Sticks <u>or</u> Mini Pancakes, Sausage, Hash brown Fruit Bar, FF Milk **Note: No Salad Bar** | 2 French Toast Sticks Beef <u>or</u> Chicken Taco, Salad Bar, Refried Beans, Fruit Bar, FF Milk | 3 Chef's Choice Grilled Cheese (Amer <u>or</u> Swiss) w/ Tomato Soup, Salad Bar, Broccoli, Fruit Bar, FF Milk |
| 6 Breakfast Bar Chicken Strips <u>or</u> Breaded Pork Sandwich, Salad Bar, Green Beans, Fruit Bar, FF Milk | 7 Funnel Cake Pepperoni Calzone <u>or</u> Cheese Filled Breadstick (Bosco), Salad Bar, Carrots, Fruit Bar, FF Milk | 8 Breakfast Sandwich Mac-N-Cheese and MORE Cheese <u>or</u> Grilled Chicken w/ side of Mac-N-Cheese, Salad Bar, Green Beans, Fruit Bar, FF Milk | 9 Waffle Stix Totally Taco Pizza Snack Wedge <u>or</u> Chili Cheese Wrap, Salad Bar, Black Beans, Fruit Bar, FF Milk | 10 Chef's Choice Chicken & Noodles <u>or</u> Beef & Noodles w/ Mashed Potatoes, Salad Bar, Corn, Fruit Bar, Dinner Roll, FF Milk |
| 13 Breakfast Bosco Bacon Cheeseburger <u>or</u> Popcorn Chicken, Salad Bar, Baked Beans, Fruit Bar, FF Milk | 14 Cinnamon Roll Pepperoni <u>or</u> Cheese Pizza, Salad Bar, Carrots, Fruit Bar, FF Milk | 15 Breakfast Burrito Roasted Turkey w/ Gravy, Dressing, Mashed Potatoes, Corn, Cranberries, Dinner Roll, Pumpkin Pie w/ Whip Topping, FF Milk HAPPY THANKSGIVING!!! | 16 Mini Pancakes Loaded Beef <u>or</u> Chicken Nachos, Salad Bar, Refried Beans, Fruit Bar, FF Milk | 17 Chef's Choice Breaded Chicken Sandwich <u>or</u> Corn Dog, Salad Bar, Spicy Curly Fries, Fruit Bar, FF Milk |
| 20 Breakfast Pizza Turkey Burger <u>or</u> Hot Dog Sandwich, Salad Bar, Green Beans, Salty Snack, Fruit Bar, FF Milk | 21 No School | 22 No School | 23 Thanksgiving | 24 Only 31 days til Christmas☺ |
| 27 Pancake Wrap Chicken Nuggets <u>or</u> BBQ Pork Sandwich, Salad Bar, Green Beans, Fruit Bar, FF Milk | 28 Omelet w/ Saus Link Fiestada Pizza <u>or</u> Cheese Filled Breadstick (Bosco), Salad Bar, Sweet Potatoes, Fruit Bar, FF Milk | 29 Breakfast Sandwich Sweet & Sour Chicken <u>or</u> Mongolian Beef, Salad Bar, Asian Blend w/ Baby Corn, Fruit Bar, Fortune Cookie, FF Milk | 30 French Toast Sticks Crispitos <u>or</u> Enchiladas, Salad Bar, Refried Beans, Fruit Bar, FF Milk | |

News BREAKFAST INFO

| | Breakfast |
|-------------------------|-----------|
| Grades PreK-12 & Adults | \$1.25 |
| Reduced | \$0.30 |
| Extra Milk (1/2pt) | \$0.50 |

Breakfast served daily from 7:15-7:50 a.m.

BREAKFAST MENU

Hot Breakfast: Daily Hot Breakfast Option is stated on the Menu (at left).

Alternate Daily Breakfast Options: Instant Oatmeal, Cereal, Cereal Bars, Pop Tarts.

** Breakfast includes whole fruit, juice, and milk **

LUNCH INFO

| | Lunch |
|--------------------|--------|
| Grades 1-5 | \$2.25 |
| Grades 6-12 | \$2.55 |
| Adult | \$2.75 |
| Reduced | \$0.40 |
| Extra Milk (1/2pt) | \$0.50 |

SALAD & FRUIT BAR

Salad Bar consists of fresh mixed greens and a rotation of sliced green peppers, broccoli, diced tomatoes, cucumbers, baby carrots, prepared salad, and choice of fat free dressings.

Fruit Bar consists of fresh apples, bananas, oranges, grapes, canned unsweetened applesauce, pears, mandarin oranges, peaches, pineapple and mixed fruit.

Note: A second veggie option of choice will be offered most days

All grain products are WHOLE GRAIN unless otherwise noted.